

Handicap Championship 2019

24/02/2019

		Season start Handicap times					Adjusted handicaps					Ratios						Run times (mm:ss)											
Place	First name	Surname	Section	Bucks parkrun PB 2018: 5k handicap for 2018 (mm:ss)	5 mi handicap for 2018 (mm:ss)	10K handicap for 2018 (mm:ss)	10 mile handicap for 2018 (mm:ss)	Half M handicap for 2018 (mm:ss)	Bucks parkrun PB 2018: 5k handicap for 2018 (mm:ss)	5 mi handicap for 2018 (mm:ss)	10K handicap for 2018 (mm:ss)	10 mile handicap for 2018 (mm:ss)	Half M handicap for 2018 (mm:ss)	12/01/19 - Parkrun	19/01/19 - Parkrun	27/1/19 - Gayton 5K	27/1/19 - Gayton 10K	16/02/19 - Parkrun	24/2/19 Winslow 10k	Overall average ratio	# of events (7 to qualify)	12/01/19 - Parkrun	19/01/19 - Parkrun	27/1/19 - Gayton 5K	27/1/19 - Gayton 10K	16/02/19 - Parkrun	24/2/19 Winslow 10k		
				24:40	40:51	51:25	85:10	113:28	23:15	38:30	48:28	80:16	106:56	25:38	42:27	53:26	88:29	117:54	0.9010		0.9894	0.9426	0.94257	1					23:15
2	Alexandra	Raschke	F	28:27	47:07	59:19	98:13	130:52	25:38	42:27	53:26	88:29	117:54	0.9812				0.9894			0.94520	2	25:38				52:52		
3	Charlotte	Brown	F	31:49	52:41	66:20	109:51	146:21	29:45	49:16	62:01	102:42	136:50	0.9350	0.9854						0.96024	2	29:45	29:19					
4	Chloe	Plester	F	28:19	46:54	59:02	97:46	130:15	0	0	0	0	0	0.9812			0.9732				0.97717	2	27:47				57:27		
5	Sarah	Scott	F	27:00	44:43	56:17	93:13	124:12	25:35	42:22	53:20	88:19	117:40					0.9475	1.0078		0.97767	2					25:35	53:45	
6	Sue	Torrance	F	23:42	39:15	49:25	81:49	109:01	0	0	0	0	0		0.9887		0.9885				0.98864	2		23:26			48:51		
7	Siobon	Herring	F	28:50	47:45	60:07	99:33	132:38	0	0	0	0	0	0.9960							0.99595	1	28:43						
8	Claire	Frogley	F	23:06	38:15	48:10	79:45	106:15	0	0	0	0	0				0.9851		1.0100		0.99758	2				47:27		48:39	
9	Nicola	Crookes	F	23:16	38:32	48:30	80:20	107:01	0	0	0	0	0			0.9821		0.9842	1.0436		1.00332	3			22:51		22:54	50:37	
10	Natalie	Berry	F	24:24	40:25	50:52	84:14	112:14	0	0	0	0	0		1.0157			0.9952			1.00546	2		24:47			24:37		
11	Christine	Bridger	F	31:10	51:37	64:59	107:36	143:22	0	0	0	0	0					1.0059			1.00588	1					31:21		
12	Karine	Peter	F	23:00	38:05	47:57	79:24	105:48	0	0	0	0	0						1.0066		1.00660	1						48:16	
13	Louise	Follner	F	24:23	40:23	50:50	84:11	112:10	0	0	0	0	0	1.0075			1.0226				1.01507	2	24:34				51:59		
14	Nicola	Olliffe	F	26:10	43:20	54:33	90:20	120:22	0	0	0	0	0			1.0223		1.0293			1.02581	2		26:45			56:09		
15	Heidi	Lewis	F	22:07	36:38	46:07	76:21	101:44	0	0	0	0	0						1.0322		1.02837	2				47:15		47:36	
16	Julie	Waller	F	27:46	45:59	57:53	95:52	127:43	0	0	0	0	0						1.0642		1.06421	1						61:36	
17	Rachel	Prior	F	25:08	41:37	52:24	86:46	115:37	0	0	0	0	0					1.0756			1.07560	1					27:02		
18	Dawn	Breward	F	23:11	38:24	48:20	80:02	106:38	0	0	0	0	0					1.0776			1.07764	1					24:59		
1	Tom	Frogley	M	27:10	44:59	56:38	93:48	124:58	25:12	41:44	52:32	87:00	115:54			0.9583	0.9276		0.9993		0.94294	3			26:02	25:12		25:11	
2	Wilf	Fox	M	36:25	60:19	75:55	125:44	167:31	34:06	56:28	71:05	117:43	156:51	1.0000	0.9364				0.9912		0.96379	3	36:25	34:06				33:48	
3	Andrew	Gardner	M	29:26	48:45	61:22	101:37	135:23	27:57	46:17	58:16	96:29	128:33	0.9881	0.9496		1.0072				0.96886	3	29:05	27:57			58:41		
4	Christopher	Noble	M	19:14	31:51	40:06	66:24	88:28	0	0	0	0	0					0.9818	0.9589		0.98311	4	19:24	19:25			18:53	38:27	
5	Serge	Davil	M	21:33	35:41	44:56	74:24	99:08	0	0	0	0	0						0.9837		0.98368	1						44:12	
6	Michael	Bishop	M	20:13	32:29	42:09	69:48	93:00	0	0	0	0	0	0.9942							0.99423	1	20:06						
7	Eoin	Tweeddale	M	23:46	39:22	49:33	82:03	109:19	0	0	0	0	0	1.0091	1.0000	1.0070					1.00538	3	23:59	23:46	23:56				
8	Mark	Poulton	M	24:40	40:51	51:25	85:10	113:28	0	0	0	0	0	1.0007			1.0062		1.0230		1.00995	3	24:41				51:44	52:36	
9	Kevin	Tustain	M	17:45	29:24	37:00	61:17	81:39	0	0	0	0	0	1.0188			1.0338	1.0920	1.0216		1.02473	4	18:05			38:15	19:23	37:48	
10	James	Olliffe	M	17:10	28:26	35:47	59:16	78:58	0	0	0	0	0				1.0424				1.04238	1	#N/A	#N/A	#N/A	37:18			
11	Stuart	Coomber	M	20:57	34:42	43:41	72:20	96:22	0	0	0	0	0	1.0851	1.0040						1.04455	2	22:44	21:02					
12	Richard	McMahon	M	25:17	41:52	52:43	87:17	116:18	0	0	0	0	0	1.0824			1.0354		1.0221		1.04665	3	27:22			54:35		53:53	
13	Paul	Brown	M	26:01	43:05	54:14	89:49	119:40	0	0	0	0	0	1.0814	1.0256						1.05349	2	28:08	26:41					
14	Adrian	Crookes	M	21:39	35:51	45:08	74:45	99:35	0	0	0	0	0					1.1255	0.9823		1.05388	2					24:22	44:20	
15	Alex	Bailey	M	22:39	37:31	47:13	78:12	104:11	0	0	0	0	0	1.0044	1.2568	1.0411					1.13061	2	22:45	28:28					

Denotes 7 events completed (7 events to qualify)  
Denotes event that handicap was adjusted