

Handicap Championship 2018

Update: 22/5/2018

Season start Handicap times

Place	First name	Surname	Section	Bucks parkrun PB 2017: 5k handicap for 2018	5 mi handicap for 2018	10K handicap for 2018	10 mile handicap for 2018	Half M handicap for 2018	Run-times 5Kms		Run Times-5mi		Run times 10kms				Run times 10mi	Run times - Half			Overall event count	Overall ratio			
									Gayton 5K 28/1/18	MK Fest 11/3/18 (5km)	Thornborough 7/5/18	Blisworth 11/5/18	Gayton 10K 28/1/18	Slaughter valentines TBC	Winslow 25/2/18	MK Festival 11/3/18 (10km)	Silverstone - May TBC	Thornborough - 7/5/18	MK Festival - 11/3/18 (Half M)	White Horse - 8/4/18			Buckingham Half - 20/5/18		
1	Emily	Cowing	F	27:23	45:21	57:05	94:32	125:58							55:11	54:28					123:11		5	0.96707	
2	Sarah	Scott	F	29:05	48:10	60:38	100:25	133:47								56:00	53:19					120:45		5	0.97367
3	Karine	Peter	F	23:57	39:40	49:56	82:41	110:10					50:18		48:05		49:28							5	0.98357
4	Maxine	Sutton	F	26:57	44:38	56:11	93:03	123:58					56:50			55:49								4	0.99198
5	Kelly	Llewelyn	F	29:56	49:34	62:24	103:21	137:41					59:41				58:55					140:13		4	0.99969
6	Deb	Payton	F	25:15	41:49	52:38	87:10	116:09																1	1.00000
7	Heidi	Lewis	F	22:12	36:46	46:17	76:39	102:07							45:58							104:05		3	1.00289
8	Allyson	Anstee	F	23:24	38:45	48:47	80:47	107:38														110:17		1	1.02462
9	Claire	Frogley	F	24:44	40:58	51:34	85:23	113:46														116:28		2	1.02463
10	Nikki	Jenkins	F	29:33	48:56	61:36	102:01	135:56		30:14					63:05	66:43	59:57					146:21		7	1.03171
11	Christine	Bridger	F	31:04	51:27	64:46	107:15	142:54																2	1.03353
12	Julie	Waller	F	27:47	46:01	57:55	95:55	127:48																3	1.04500
13	Nicola	Crookes	F	21:53	36:14	45:37	75:33	100:40		22:16		39:08	38:03		45:42	46:46						106:24		7	1.04859
14	Josefine	Lissner	F	20:14	33:31	42:11	69:51	93:04														99:28		1	1.06877
15	Suzanne	Bass-Twitchell	F	27:43	45:54	57:47	95:41	127:30									59:37							3	1.09479
16	Natasha	Berry	F	24:12	40:05	50:27	83:33	111:19														126:04		2	1.14993
17	Helen	Brawn	F	24:09	40:00	50:21	83:23	111:05				47:27												1	1.18625
18	Keely	Weir	F	23:45	39:20	49:31	82:00	109:15				47:29												1	1.20720
1	Mark	Poulton	M	25:33	42:19	53:16	88:13	117:32					40:45	54:13			51:38	53:50	51:42					7	0.97861
2	Stuart	Coomber	M	21:33	35:41	44:56	74:24	99:08														99:49		2	0.98953
3	Graham	Weir	M	22:22	37:02	46:38	77:13	102:53								45:54								2	0.99214
4	Kevin	Tustain	M	18:22	30:25	38:17	63:25	84:29					29:06	39:34		39:12	38:05	36:56				84:51		7	0.99223
5	Christopher	Noble	M	19:32	32:21	40:43	67:26	89:51		20:46	19:24	32:44			39:46							86:26		7	0.99488
6	Julian	Chronicle	M	24:26	40:28	50:56	84:21	112:23					40:44				49:40					115:34		5	0.99723
7	Serge	Daval	M	21:33	35:41	44:56	74:24	99:08						46:18		44:15	46:57					98:14		5	1.00365
8	Ian	Marriott	M	20:41	34:15	43:07	71:24	95:08																2	1.01894
9	Adrian	Crookes	M	21:02	34:50	43:51	72:37	96:45				36:59	34:07		44:24	44:43						98:39		6	1.02162
10	Eoin	Tweeddale	M	23:31	38:57	49:02	81:11	108:10														112:40		2	1.02612
12	Richard	McMahon	M	24:41	40:53	51:28	85:13	113:32						53:53		54:14								3	1.03733
13	Sam	Dix	M	17:32	29:02	36:33	60:32	80:39		18:18		31:35										81:58		5	1.04493
14	Toby	Cartwright	M	21:03	34:52	43:53	72:40	96:50						44:40								101:57	106:26	3	1.04692
15	John	Russell	M	18:05	29:57	37:42	62:26	83:11													67:48			1	1.08596
16	Gareth	Meade	M	23:59	39:43	50:00	82:48	110:19																2	1.10365
17	Michael	Bishop	M	20:17	33:35	42:17	70:02	93:18									61:23							3	1.25605

- Denotes 8 events completed (8 events to qualify)
- Denotes the Parkruns that count towards the average ratio and event count (Max of 2 PRs to count)
- Name in Italics* Denotes running against adjusted handicap time