Rules for the Virtual 2021 BDRC Handicap Championship:

1. The official Club vest or t-shirt must be worn to accumulate scores for the Handicap Championship.
2. There are 3 different challenges in the Handicap Championship calendar for 2021, which includes a mix of distances, and racing periods.
3. You have to take part into a minimum of 2 challenges to qualify for the Championship.
4. For the first 2 challenges of the championship, the handicap (aka Ref time) applied for each runners entry will be their time on the route achieved as part of the Virtual Club Championship 2021.
5. For the third challenge (3 Mile Loops CW), the handicap will be based on the first run which will be classified as ref time.
6. Runners performances, within each subsequent runs, will be expressed as a ratio of the handicap (ie a time same as your ref time would equal 1, better than ref time then ratio < 1, worse than ref time then ratio > 1).
7. If a runner achieves a score < 0.95 of their ref time on one of the subsequent runs, the handicap will be adjusted to the time achieved at that run for all future runs.
8. Runners' final score for the challenge will be calculated as an average ratio across the best 3 performances.
9. For each challenge, points scoring for ladies and gents are based on average ratios as follow:
    a. 1st = 100 points,
    b. 2nd = 90 points
    c. 3rd = 85 points,
    d. 4th = 80 points,
    e. 5th = 75 points,
    f. 6th = 73 points
    g. Further positions will achieve a point score of one point less than the previous position.
10. At the end of the year, the two best challenges scores will be summed up to produce the final Championship rankings. Prizes will be awarded to the 1st, 2nd and 3rd ladies and gents.
11. The handicap champs is an inclusive championship that caters for all runners of any standard. Consequently, where handicaps (based on Club Champs race times or ref times) create an unfair advantage within the competition, handicaps will be adjusted to a more realistic time, based on recent performance history.